



PB West



# ***PROTECTIVE BEHAVIOURS***

Information for every school, every educator, and every person who works with children, young and vulnerable people.

PBWEST, certified international trainers and members of the PB Association and PB International



## ABOUT PROTECTIVE BEHAVIOURS

Protective Behaviours is a practical and down-to-earth approach to personal safety. It is a life skill.

Protective Behaviours encourages self-empowerment, empathy, connection, and responsibility to the rights of others and responsibility for our individual right to feel safe all the time.

The process of teaching protective behaviors is as important as the learning opportunities that a Protective Behaviours program provides, including awareness and connection for self and to others, promoting healthy relationships that do not victimise in addition to teaching the skills and strategies to avoid being victimised.

Protective Behaviours curriculum encourages an adventurous approach to life which satisfies the need for fun and excitement without violence and fear.

There are two parts to teaching Protective Behaviours, firstly, the process of how we teach, and secondly, what we teach. Congruency of both is required to facilitate a successful learning experience.

For all your training needs contact us at [info@pbbwest.com.au](mailto:info@pbbwest.com.au)

We will be happy to work with you to codesign what's right for your school or organisation



## PROTECTIVE BEHAVIOURS UNIVERSAL PLUS PRACTITIONER TRAINING

This is the training you need to become a Protective Behaviours practitioner, ideal for all school educators and a must for school champions. Held over two days, this training is suitable for all staff in community organisations, schools, health, social services and early year's sectors and government departments who work with children and young people.

This course is also a prerequisite for the Advanced Practitioner level and Train the Trainer course.

Participants will gain a deeper understanding of the framework underpinning the Protective Behaviours Process, a stronger connection to the themes, concepts and strategies of Protective Behaviours, and its application with all forms of safety.

Attendees will learn how to utilise PB strategies in the everyday and discover how PBs works to help those who may be experiencing, physical, emotional, psychological, and sexual harm.

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# PROTECTIVE BEHAVIOURS PROFESSIONAL LEARNING FOR EDUCATORS

Protective Behaviours is the most exceptional program for teaching children and young people how to look after their own safety and wellbeing and to be mindful of the safety and wellbeing of others. PB West's NEW QUALITY improved, interactive Professional Learning foreducators equips participants with the skills and strategies they need to teach and role model protective Behaviours.

## THE ONE DAY PROTECTIVE BEHAVIOURS PL INCLUDES- the PB CLASSROOM

- Overview of the social and emotional framework underpinning the program
- Protective Behaviours themes
- Protective Behaviours concepts
- Protective Behaviours strategies
- Protective Behaviours applications
- Protective Behaviours curriculum
- Protective Behaviours as an empowerment tool
- The role of Protective Behaviours in abuse prevention

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